

EXECUTIVE SECRETARIAT**Routing Slip**

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10/7/83
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SPECIALIZING IN HEALTH AND FITNESS

EASTING POLICY

83-4975

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DD/A Registry

83-4511

Mr. William J. Casey
Director
Central Intelligence Agency
Washington, D.C. 20505

October 1, 1983

Dear Mr. Casey:

First, my credentials. I am a graduate of the U.S. Naval Academy ('46), of the School for Advanced International Studies in Washington, D.C. with additional graduate work at the Sorbonne and Princeton. I am author of this country's first published monograph on Limited War in Soviet Policy (World Politics, Jan. 1951) and the first serious recommendation of Limited War as an intelligent option for American military and foreign policy (see the reproduction of the monograph in Prof. Edgar Furniss' volume, American Military Thought); and an intended professional intelligence officer whose overwork in graduate school, and inattention to physical health, led to a grand mal seizure the day he was to report for his physical exam at your Agency (1949). I am also a graduate of the U.S. Naval Intelligence Linguistics School-- Russian-- in Anacostia (just before establishment of the Monterery language facility), and have been trained and variously fluent in German, French and Arabic as well as Russian, my objective having been to serve this country as a specialist in Soviet-Asian affairs, especially in the Middle East border areas (esp. reference Iran and Afghanistan and the Soviet Moslem populations). Unfortunately for me, and perhaps for the United States as well, if the loss of so valuable and natural an intelligence specialist and potential policy officer can be considered a loss for a nation that has so many other more significant ways of screwing up its foreign and military policies in these areas and still surviving, I proved unable to overcome the various and ultimately insurmountable obstacles that blocked me from carrying out my service programming and using my God-given abilities in the capacity for which I was then best suited.

Since my service programming was very strong (Annapolis in war-time does a fine, fine job of creating non-civilians), I was subsequently led-- through my inability to enter the career I most wanted and was best fitted for--to some very tough spaces indeed, in terms of my personal and occupational life. As things ultimately turned out, thank God, those difficulties, which were so overwhelming and destructive at the time eventually led me to an understanding and knowledge in psychology, and clearing of the depths of my own subconscious of negative elements (resentments, anger, sense of injustice, despair, fear, etc.) that are vouchsafed very few. They also gave me a breadth of personal experience of the human condition (in myself as well as in others) at its worst and its best that is rare, and for which I am now grateful, since it is so very useful in my work of helping others overcome their own difficulties.

DCI
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83-4511

A result of all this rather unusual background and experience— and the reason for this letter—is that I have become uncommonly competent (along with my wife, whom I have trained and is now my colleague in this discipline) in (a) accessing the subconscious mind while the subject is in a conscious state (with prior agreement, let me add), and (b) enabling the subject to reprogram any negative, painful, limiting or disturbing elements we may have found (again, with prior agreement). In working with these unusual methods for the past nine years, professionally, I have discovered I can take about anyone who is in any way upset, disturbed or emotionally hurting (regardless of seeming cause or its alleged severity) and, in a very short time as a rule, (1) find out exactly and precisely what the negative programs may be, and (2) change them. (Note: I have no experience with people deemed "insane" clinically, nor do I intend to gain any. We work with people who are at least marginally functional in some occupational or familial role, and usually in much better shape than that, overall, whatever their specific problem(s) or disability.)

Let me now state that I am not writing this letter in search of employment by the Agency after all these years. I am, however, interested in sharing with you the fact that I do what I do, and that it may be useful to you. I feel that Agency people — a number of whom used to be my friends— have been quite unfairly abused by various segments of the public and, given the vital importance of their role in the struggle they are engaged in, deserve my help if it is desired. This letter is prompted, I suppose, by my sense of outrage over the 007 incident, whatever the true facts of the matter, and our apparent and perhaps unavoidable hands-tied response.

I should also mention that I am not interested in any "professional" evaluation of what I do by the Agency's professional psychologists or psychiatrists. Far too many people in this profession, in my experience, have a built-in personal and professional bias in favor of extended, impractical and inconclusive treatment modalities, and have personal, philosophical and religious orientations I neither share nor see as conducive to the kind of work that I do. (My work is, however, capable of being evaluated quite simply and rapidly by virtually anyone whose judgment is not distorted by alleged psychological expertise and by unconscious economic bias through direct, immediate personal experience of both methods and results.) It is doubtless significant that I was an engineer before I became a psychologist, and that I was trained as a social psychologist rather than a clinical one, and that my ultimate breakthrough into a truly effective therapeutic and self-analytical and transformational modality owes its debt to clinical hypnotherapy, a maverick gynecologist, a maverick non-doctoral psychologist and a maverick chiropractor cum Concept Therapist. My practical debt to standard academic or clinical psychology, psychiatry etc. is, therefore, severely limited. My work is completely empirical, and theories exist, in it, only as concepts to be tested directly in the laboratory of the mind of the person I am working with. There we gain confirmation or refutation. In minutes, not years.

My work, (and that of my wife Sharon) is, therefore, extremely easy to

evaluate by someone who is not a professional psychologist or the like—namely, by the people it is intended to benefit. (The professionals, unhappily, are too likely to have intellectual, emotional and economic stakes in their own brand of expertise, and less concern with the direct and immediate usefulness of their methods. This, in any case, has been the experience of many people experiencing conventional practice.)

I suggest that what I can teach your people through Response Therapy, and help them to accomplish with themselves, can be of real benefit to the Agency's work. Under appropriate and mutually agreeable conditions, I would be happy to share my knowledge with the Agency. The people I am most concerned with, of course, are field agents, who need the kind of ability to control, edit and change their subconscious programming and emotional responses that is my specialty.

There is, of course, the possibility that you are already working with the methods we use, but it does seem unlikely, given the unusual circumstances that led to their discovery and further development. (Or you may quite likely have discovered their counterparts.)

I have a suggestion for a way the Agency may gain direct experience of what we do, and how we do it, without revealing the fact that you are doing so. If your officers then conclude they would like to work with us in helping the Agency develop a professional capability of this kind, their representatives can contact us and we will work things out. (My own main interest is a too-long frustrated love for world travel, and I would be pleased to work with American and/or Agency personnel anywhere, on either an occasional or a continuing basis.)

Suggested method: Have a representative come, under whatever cover he or she wants to use, to the Davidson Chiropractic Clinic in Atlanta (on Piedmont near Peachtree) with any kind of personal/emotional problem(s) that would cause a person to seek help from either a chiropractor or a psychologist (which can be about anything, these days). It would be better if it were someone with something relatively serious as a problem, or problems, including physical, simply so the test results will be of real interest to you. (We recently had one businessman, very sophisticated in consciousness trainings, suffering a particularly troublesome physical disability who was so impressed he came back virtually every day after his first session, and now wishes to go into business with us in setting up a "fitness farm" we are planning in the North Georgia mountains.) I would recommend that your representative plan at least several sessions in order to experience something of the range of what can be accomplished. If results are favorable, you might wish to have one or two others experience what we do, choosing them for diverse "problems" which could give you something of a feel for the range of capability possible through Response Therapy.

In the event things look promising to your people at that point, several

alternatives may present themselves. For instance, I am in the process of endeavoring to create a free-roving position for myself with Flying Tigers working under the company's CEO to help the airline's personnel increase their personal effectiveness, productivity and morale, as well as health. Assuming I manage to get such a position, either full-time or part-time, obviously the Agency could easily arrange to use my services wherever I happened to be, either with or without my awareness of Agency connections of the personnel concerned. (Flying Tigers is my first preference; in the event it doesn't work out I'm also starting wheels turning at Delta and Eastern, and shall continue until I get a suitable arrangement with one of the international carriers.)

An area where Response Therapy could be of great value to the Agency is in training. People have enormous learning capabilities that are normally blocked or limited by subconscious programming. Removing such blocks can vastly accelerate learning in just about any field you wish to consider. We work, too, with other, positive self-identity methods of opening the subconscious to its full learning capability. The combination is powerful. (Yes, I am aware of and have worked with Accelerated Learning, and it is valuable. What we do is in addition to those and other techniques.)

In particular, new employees and regular personnel new to various of your roles and functions have the familiar problem of identity adjustment, change etc. Our methods can greatly facilitate and accelerate this process. Your representatives can also experience this capability, if you would like. It ranges from vastly accelerating the process of becoming a skilled word processor (or any other skilled position) to learning a foreign language to mastering just about any other skills or identities you might be interested in.

We are now expanding our professional work into the field of plastic surgery. For the light it may shed on the contents of this letter, I include a copy of the letter we are sending to plastic surgeons to introduce the concept and procedure here in Atlanta.

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P.S. Upon reading Leon Uris' Armageddon a month or so ago, and reflecting on the conditions in Europe that gave rise to the Marshall Plan, and upon the current situation in Latin America, and American policy, such as it is, in regard to that area, the thought came to mind that what we need, really, is a Marshall Plan for Latin America. The packaging of policy for the

Congress is, of course, critical, and, given the success of the Marshall Plan, it just might be that an intelligent policy could be developed and applied under that heading, it being almost generic in concept by now, rather than specific to George Marshall. And then the other day, on Sept. 29, an old adversary of mine, for one of whose election organizations I worked in a leading capacity (the Eisenhower-Nixon Research Service), ex-President Richard Nixon, was reported to have come right out with it himself. God bless Richard Nixon, thought I, and his entire concept! I'm sure you are acquainted with this story, but so you will know exactly what I refer to, I enclose the clipping, and express my hearty hope we will start doing something like this.